



Deerfield Recreation Department Berkshire East Ski Program 2023

The Deerfield Recreation Department is offering the Berkshire East Ski Program for the children and adults who reside in Deerfield and school choice families.

Berkshire East Ski Program

This program is after school for 6 weeks on Wednesdays, January 11, 18, 25 & February 1, 8, 15 from 4-8:00PM. Options that are available include: Lift ticket only, Lift & Lesson, Lift & Rental or Lift, Lesson & Rental for both skiers and snowboarders. Prices range from \$156.60-\$336.60 depending upon the package you wish to purchase. Lessons will only be offered this year for 1st time, Beginners and Advanced Beginners this season. Participants are unsupervised except for the lesson time.

The child must be 7 years old to participate in group lessons.

Lift tickets for age 6 and under are free, but they must be registered.

Helmets are required.

PRICES:	Lift Ticket Only (Ski or Snowboard)		\$156.60	
	Lift & Lesson	\$234.60	Lift & rental	\$258.60
	Lift, Lesson & Rental	\$336.60	Lesson only	\$78.00

Parents need to provide transportation and chaperone their children. A group chaperone is not provided. If a parent plans on skiing with their child, they must also sign up for a lift ticket, lesson and/or rental. A parent is not free of charge and there are limited chaperone tickets. If you decide to ski after the deadline or only for a day you will be charged the full price at the mountain.

Berkshire East may have Covid-19 protocols in place that you must adhere to.

BERKSHIRE EAST REGISTRATION NIGHT November 29 , TUESDAY 5:00-6:00PM DEERFIELD TOWN HALL Recreation Office

You may register before this night by contacting the Deerfield Recreation Office during office hours or making an appointment. Registration forms are also available in Deerfield Town Hall or online at www.deerfieldma.us

To meet deadlines set by Berkshire East I MUST have registration forms by November 29

More information is available from the Deerfield Recreation Department at 665-1400 xt 107 or recdept@town.deerfield.ma.us or www.deerfieldma.us



BERKSHIRE EAST SKI PROGRAM

Name _____ Grade _____ Age _____

Address _____

Telephone _____ E-Mail _____

Parents Names _____

Emergency Name/Relationship _____

Emergency Telephone _____

6 WEEK SKI PROGRAM

(January 11, 18, 25, February 1, 8, 15)

	<u>Participant</u>	<u>Total</u>
Lift ticket only.....	\$156.60	_____
Lift and lesson.....	\$234.60	_____
Lift and rental.....	\$258.60	_____
Lift, rental and lesson.....	\$336.600	_____
Lesson Only	\$78.00	_____

Ability Levels-

Level 1: _____ 1st time

Level 2: _____ Has had at least 1 lesson-can walk/glide on skis-make wedge turns-get up after falling without assistance-has ridden a chairlift

Level 3: _____ Skis Topnotch, Roundabout-can control speed and direction and makes linked turns-can load and unload the chairlift without assistance

For Rental Equipment: height _____ weight _____ shoe size _____

CHECK NUMBER _____ TOTAL AMOUNT DUE:\$ _____

Make checks payable to Town of Deerfield

Mail to: Deerfield Recreation Department
8 Conway St. South Deerfield, MA 01373

Drop off : Drop box in lobby of Town Hall

Berkshire East & Deerfield Recreation Rules & Regulations

PASSES

Passes are good for only the dates and times the Recreation Department has scheduled: January 11, 18, 25 and February 1, 8 & 15 from 4-8:00 PM. An RFID card will be handed out by Sue Antonellis at the Main Lodge the first week. These must be brought each week. If a card is lost in can be reprinted at the Snow Sports School office.

RENTALS

Anyone renting equipment must have a rental form signed by a parent or legal guardian. Make sure you include the age, height, weight and shoe size. Also the level of skill should also be clearly marked. It is the renters responsibility to return the equipment to the rental shop at the end of the day. Helmets are included in the rental package. Helmets can be rented for \$10.00 if needed. **If you do not pre-register for equipment you will be charged the full price.**

LESSONS

Anyone taking lessons must have a rental waiver signed by a parents or legal guardian. Our requested lesson time is 4:30PM. Lesson participants will meet 10 minutes before the scheduled lesson time by the Ski School sign. It is your responsibility to show up on time for your lesson! You must be 7 years old to participate in group lessons. They are then placed in groups by ability. Lessons are one hour. Parents must pick up their child at the end of the lesson at the ski school area. Lessons may not be transferred to another person after the program begins. All first time skiers should remain with their chaperone until they can ski on their own. If there is a make-up session during Presidents Week , lessons will not be given.

WEATHER

If weather conditions are marginal Berkshire East may permit a group to cancel and reschedule. Berkshire East can not guarantee a make up or lessons towards the end of the season. If conditions allow a make up date will be allowed at the end of the session.

If the session is cancelled DES will be contacted and an announcement will be read over the intercom. Cancellations will be on the Deerfield Recreation Department FACEBOOK page. An effort will also be made to contact your e-mail. We do not cancel for small amounts of snow or misty rain, or if school has been cancelled and roads have been cleared later in the day.

REFUNDS

Drop-outs or individuals who miss a scheduled program date will not be refunded. Refunds are given only in the event of serous illness with a signed doctors note.

OTHER

If a person wishes to join a pre-paid group , but has not signed up with the group, they will be charged the full price for lift tickets and rentals. Please use lockers to store your gear.

BEHAVIOR EXPECTATIONS

Respectful language and behavior is expected at all times. Any vandalism , theft or breakage is the sole responsibility of the participant and his/her parent or guardian. Berkshire East has the right to expel a participant from a program for inappropriate behavior with no refund. All participants are expected to ski and ride in a safe manner and obey the skier's responsibility code.

SKIER'S RESPONSIBILITY CODE

1. Always stay in control and be able to stop or avoid other people or objects.
2. People ahead of you have the right of way. It is your responsibility to avoid them.
3. You must not stop where you obstruct a trail or are not visible from above.
4. Whenever starting downhill or merging onto a trail, look uphill and yield to others.
5. Always use devices to help prevent runaway equipment.
6. Observe all posted signs and warnings. Keep off closed trails and out of closed areas.
7. Prior to using any lift, you must have the knowledge and ability to load, ride and unload safely.

WHAT TO WEAR

HAT (Should cover your ears)
SKI GLOVES (waterproof)
SKI PANTS (waterproof)
SKI JACKET (waterproof)
NECK WARMER

SKI SOCKS
YOUR SKI PASS
GOGGLES (for wind, snow & sun)
HELMETS ARE REQUIRED
WRIST GUARD for SNOWBOARDERS

LOST & FOUND

Berkshire East is not responsible for lost items. Small items such as hats, gloves, socks, water bottles, sweaters and shirts, etc. will be put in containers in the hall near customer service. Items such as skis, snowboards, boots, backpacks, jackets, goggles, ski pants and helmets will be at the lost & found department, and kept for two weeks then donated. Call 339-6617 for lost and found items.

CHILD

CONSENT AND RELEASE FORM

I, _____, the undersigned parent or guardian of _____

_____, a minor, do hereby consent to my child's participation in voluntary athletic or recreational programs of the Town of Deerfield.

I agree and covenant to forever RELEASE, acquit, discharge and hold harmless the Town of Deerfield, the Recreational Committee, and any and all of its employees, agents, board members, volunteers and any and all individuals and organizations assisting or participating in the voluntary athletic or recreational programs of the Town of Deerfield (hereinafter collectively the "Town of Deerfield") from any and all claims of any nature whatsoever, rights of action and causes of action that may have arisen in the past or which may arise in the future, directly or indirectly, from any and all known or unknown personal injuries to my child or property damage resulting from or in any way growing out of, directly or indirectly, and which my said minor child has or hereafter may acquire, either before or after he/she has reached his/her age of majority resulting from my child's participation in the Town of Deerfield voluntary athletic or recreational programs.

I hereby forever, RELEASE, indemnify, defend and hold harmless the Town of Deerfield against any and all legal claims of any nature or kind whatsoever and proceedings of any description that may have been asserted in the past, or may be asserted in the future, directly or indirectly, arising from personal injuries to my child or property damage resulting from my child's participation in the Town of Deerfield voluntary athletic or recreational programs.

I further affirm that I have read this Consent and Release Form and that I understand the contents of this Form. I understand that my child's participation in these programs is voluntary and that my child and I are free to choose not to participate in said programs. By signing this Form, I affirm that I have decided to allow my child to participate in the Town of Deerfield's athletic or recreational programs with full knowledge that the Town of Deerfield will not be liable to anyone for personal injuries or property damage my child or I may suffer in the voluntary participation of the Town of Deerfield athletic or recreational programs.

Signed: _____

Parent or Guardian of: _____
(Please print clearly)

Date: _____

PARENT

CONSENT AND RELEASE FORM

I, _____, the undersigned, do hereby consent to my participation in voluntary athletic or recreational programs of the Town of Deerfield.

I agree and covenant to forever RELEASE, acquit, discharge and hold harmless the Town of Deerfield, the Recreational Committee, and any and all of its employees, agents, board members, volunteers and any and all individuals and organizations assisting or participating in the voluntary athletic or recreational programs of the Town of Deerfield (hereinafter collectively the "Town of Deerfield") from any and all claims of any nature whatsoever, rights of action and causes of action that may have arisen in the past or which may arise in the future, directly or indirectly, from any and all known or unknown personal injuries to myself or property damage resulting from or in any way growing out of, directly or indirectly, and which has or hereafter may acquire, resulting from my participation in the Town of Deerfield voluntary athletic or recreational programs.

I hereby forever, RELEASE, indemnify, defend and hold harmless the Town of Deerfield against any and all legal claims of any nature or kind whatsoever and proceedings of any description that may have been asserted in the past, or may be asserted in the future, directly or indirectly, arising from personal injuries to myself or property damage resulting from my participation in the Town of Deerfield voluntary athletic or recreational programs.

I further affirm that I have read this Consent and Release Form and that I understand the contents of this Form. I understand that my participation in these programs is voluntary and that I am free to choose not to participate in said programs. By signing this Form, I affirm that I have decided to participate in the Town of Deerfield's athletic or recreational programs with full knowledge that the Town of Deerfield will not be liable to anyone for personal injuries or property damage I may suffer in the voluntary participation of the Town of Deerfield athletic or recreational programs.

Signed: _____

Name: _____
(Please print clearly)

Date: _____

MEDICAL INSURANCE AND/OR MEDICAL CHARGES POLICY

By nature, many programs provided by the Deerfield Recreational Department have inherent risks associated with participation. The Deerfield Recreational Department and/or Town of Deerfield DO NOT PROVIDE ACCIDENT OR HOSPITALIZATION INSURANCE FOR PROGRAM PARTICIPANTS. Therefore all participants are required to have medical insurance and/or be responsible for any and all costs of any nature or kind whatsoever for injuries or treatments which may arise out of participating in the Deerfield Recreational Programs. Participation in all department programs is voluntary and participation is at the participant's own risk.

Consent to Medical Treatment:

As a parent or legal guardian of the above named participant or as a participant myself, I hereby give my consent for any and all emergency medical care taken by a duly certified, trained, and/or licensed emergency care technician, doctor, dentist, nurse, first responder, or other appropriate similarly licensed or certified personnel, as may be administered in the process of providing emergency care of whatever form necessary to preserve life, limb or well being.

I authorize and request the Town of Deerfield to give, disclose and release to any emergency care provider all individually identifiable health information as I have provided to the Town of Deerfield. This authorization and request is a consent to the release of such information under current and future laws, rules and regulations, including but not limited to the Health Insurance Portability and Accountability Act of 1996 ("HIPAA") and regulations promulgated pursuant thereunder.

Parents / Guardian Signature or Self: _____

Medical Conditions / Allergies: Yes: ___ or No: ___ Please describe in detail any medical conditions or allergies about which the Deerfield Recreational Department or any potential medical care provider should be aware:

	Ski	Snowboard
Orange: 1st Time	Has never skied or snowboarded before, or maybe has gone once or practiced in the backyard	
Pink: Beginner	<ul style="list-style-type: none"> • Has taken at least one lesson • Can walk or glide on skis • Can make a gliding wedge turn and stop • Can make a turn in one direction • Has difficulty controlling speed • Has ridden a chairlift before • Can get up after falling without assistance 	<ul style="list-style-type: none"> • Has taken at least one lesson • Can do a heel or toe slide and stop • Can make a turn in one direction • Is starting to link turns on gentle terrain • Has ridden a chairlift before • Can get up after falling without assistance
Green: Advanced Beginner	<ul style="list-style-type: none"> • Can climb uphill • Can control their speed while turning • Can link wedge turns together • Is starting to match their skis in a turn • Is skiing on Green Circle trails • Can ride a chairlift • Can load and unload a chairlift without assistance 	<ul style="list-style-type: none"> • Is starting to link turns consistently • Can control speed while turning • Has ridden on Green Circle trails • Can ride a chairlift • Can load and unload a chairlift without assistance