

Amherst Survival Center - Food Pantry

P.O. Box 9629, 138 Sunderland Rd., North Amherst, MA 01059

Phone: 413-549-3968

Email: amherstsurvival@amherstsurvival.org

Pantry Hours: M 12-3 p.m.; T & TR 12-7 p.m.; W CLOSED;
F 12-3 p.m. ; and S 3rd Saturday/month

Franklin Area Survival Center - Food Pantry

96 Fourth Street, Turners Falls, MA, 01376. **Phone:** 413-863-9549

Pantry Hours: M-F 10-1:30 p.m.

Blessed Trinity Parish - Food Pantry

Pastoral Center of Blessed Trinity Parish, 14 Beacon St.,
Greenfield, MA, 01301. **Phone:** 413-773-3311

Email: pantry@blessedtrinitygreenfield.org

Pantry Hours: S - 9 a.m. - 12 p.m.; Tuesday, 12 p.m. - 3 p.m.
Thursday, 3 p.m. - 6 p.m. **Grab 'n Go Meals:** Thursday 5-6 p.m.

Emergency Food: Day or night/ 7 days a week

Please contact Deacon John Leary

Phone: 413-219-2734. **Email:** deaconjohnleary@gmail.com

Center for Self-Reliance - Food Pantry

156 Main St., Greenfield, MA, 01301

Phone: 413-773-5029

Email: cramos@communityaction.us

Pantry Hours: Monday, Tuesday, Thursday: 11:30 a.m. - 4 p.m.
Closed from 1:00 p.m. - 1:30 p.m. On Monday, Tuesday, Thursday

South County Senior Center - Limited Food Pantry

22 Amherst Rd., Sunderland, MA 01375

Phone: 413-768.1066 (Chris Goudreau, Outreach Coordinator)

Pantry Hours: M-W 10 a.m. - 4 p.m.; F 10 a.m. - 4 p.m.

We can also register you for the monthly Brown Bag Program with the Food Bank of Western Mass.



SOUTH COUNTY
SENIOR CENTER

Supporting Community.

The **South County Senior Center** provides **programs & resources** for residents of Deerfield, Sunderland, & Whately age 55+ & to individuals who have a disability who are under 55.

Our Services:

- ✓ Wellness & Fitness Programs for All Abilities
- ✓ Grab n' Go Meals & Nutrition Support including:
Monthly Food Distributions & Onsite Food Pantry
- ✓ Transportation Assistance
- ✓ Outreach & Advocacy
- ✓ Computer Lab & Lending Library
- ✓ Resource Referrals
- ✓ SNAP Partnership Site & Fuel Application Assistance
- ✓ Nurse on site (M, W & F)

Events, Presentations & Programs:

🎮 Game Days | 🎨 Arts & Crafts | 🧘 Yoga & Fitness | 🎵 Live Music | 🍳 Cooking Demos | 🏳️‍🌈 LGBTQ+ Gatherings

Drop In Hours: M-W: 10 AM - 4 PM

TR: By Appointment or Program Schedule

F: 10 AM - 2 PM

Connect with Us:

🌐 SouthCountySeniorCenter.org

✉️ scsc@town.deerfield.ma.us

📍 22 Amherst Rd., Sunderland, MA 01373

☎️ 413.665.2141, 413.768.1066, or 413.665.9508